

'Readiness questionnaire'

A tool to help staff and partners to prepare for implementation of the Youth Resilience Programme

THE YOUTH RESILIENCE PROGRAMME (YRP) is a methodology that transcends multiple themes and thematic areas (child protection, Mental Health and Psychosocial Support (MHPSS), adolescents & youth, MEAL, Education) and has a strong potential to contribute to the broader (integrated) adolescents and youth programming.

THIS QUESTIONNAIRE is designed to assist staff and partners in assessing their 'readiness' for piloting / implementing the YRP based on recommendations outlined in the [Theory and Programmatic Guide](#) of the YRP and the [IASC Guidelines on Mental Health and Psychosocial Support in Emergency Settings](#). The questionnaire contains 26 statements that can be answered 'yes', 'partly' or 'no'. A comment box facilitates reflection upon what is already in place, what actions are necessary to ensure adequate preparedness for the YRP, and what internal or external support is needed in this regard from, for example, Technical Advisors involved.

THE PURPOSE OF THIS PROCESS is to help to pilot and implement the YRP with a clear vision of how and when it will be used as part of a broader youth programme, to contribute to the desired changes for adolescents and youth. The aim is to ensure a more effective YRP while contributing to building a solid evidence-base for the tool (capture learning from both planning and implementation phase). The process may benefit the implementation of other new tools and approaches within your organization as well.

STAFF AND PARTNERS INTERESTED IN PILOTING THE YRP as part of their programming are encouraged to fill in the questionnaire. The person in charge of filling it should consult as necessary with relevant colleagues. It is important that the statements are answered as honestly as possible, as this forms part of the process of successfully piloting and implementing the YRP. Necessary follow-up with for example Technical Advisors and members from the Senior Management Team should then be arranged for as necessary.

STATEMENTS

- 1. Which organization or SCI country office do you represent?** *[To facilitate e.g. follow-up calls with external Technical advisors if such are arranged].*

- 2. An assessment has been conducted and the specific needs as well as assets/strengths of young people have been identified.**

YES

PARTLY

NO

If you have answered 'YES', please elaborate further on your answer here. If you have answered 'PARTLY' or 'NO', please comment on action points needed and support required (internal or external).

- 3. Young people have actively and meaningfully participated in this assessment.**

YES

PARTLY

NO

If you have answered 'YES', please elaborate further on your answer here. If you have answered 'PARTLY' or 'NO', please comment on action points needed and support required (internal or external).

- 4. There is a strategy/plan for how to address adolescents/youth needs and rights in a holistic way towards clear (longer-term) objectives and across projects/programmes.**

YES

PARTLY

NO

If you have answered 'YES', please elaborate further on your answer here. If you have answered 'PARTLY' or 'NO', please comment on action points needed and support required (internal or external).

- 5. There is a plan for how the YRP will be part of a broader youth programme and how it will complement other areas of life, such as access to vocational and technical skills, health and socio- economic development, civic engagement and participation.**

YES

PARTLY

NO

If you have answered 'YES', please elaborate further on your answer here. If you have answered 'PARTLY' or 'NO', please comment on action points needed and support required (internal or external).

- 6. There is structured/systematic collaboration established across relevant thematic sectors (e.g. Child Protection, Education, MEAL, FSL) in terms of planning and preparing for the YRP.**

YES

PARTLY

NO

If you have answered 'YES', please elaborate further on your answer here. If you have answered 'PARTLY' or 'NO', please comment on action points needed and support required (internal or external).

- 7. The assessment of the needs and assets of adolescents and youth has shown that they will benefit from life skills sessions focused on emotional, cognitive and social functioning.**

YES

PARTLY

NO

If you have answered 'YES', please elaborate further on your answer here. If you have answered 'PARTLY' or 'NO', please comment on action points needed and support required (internal or external).

- 8. Once completed, there is a clear follow up plan for the young participants to put the skills gained into practice and continue to be engaged (e.g. volunteer opportunities, youth-led community initiatives, engagement in needs assessments).**

YES

PARTLY

NO

If you have answered 'YES', please elaborate further on your answer here. If you have answered 'PARTLY' or 'NO', please comment on action points needed and support required (internal or external).

- 9. There is a plan for how to reach the most marginalized and deprived adolescents and youth (whilst managing the risk for stigma) with clear criteria for selection of participants.**

YES

PARTLY

NO

If you have answered 'YES', please elaborate further on your answer here. If you have answered 'PARTLY' or 'NO', please comment on action points needed and support required (internal or external).

- 10. The target group for the YRP has been defined and the risk and protective factors of this target group assessed to inform programme design and implementation.**

YES

PARTLY

NO

If you have answered 'YES', please elaborate further on your answer here. If you have answered 'PARTLY' or 'NO', please comment on action points needed and support required (internal or external).

11. The YRP will be implemented with groups of adolescents and youth who will remain in the same area for a certain time (minimum 4 weeks) and can attend workshops on a weekly basis.

YES

PARTLY

NO

If you have answered 'YES', please elaborate further on your answer here. If you have answered 'PARTLY' or 'NO', please comment on action points needed and support required (internal or external).

12. The targeted adolescents and youth are generally in a situation where the levels of distress is at a 'normal' level and their life situation is relatively safe and stable.

YES

PARTLY

NO

If you have answered 'YES', please elaborate further on your answer here. If you have answered 'PARTLY' or 'NO', please comment on action points needed and support required (internal or external).

13. A system is in place (qualified staff, service mapping, referral pathways, etc.) to identify, assess and refer adolescents and youth in need for protection or specialized mental health services.

YES

PARTLY

NO

If you have answered 'YES', please elaborate further on your answer here. If you have answered 'PARTLY' or 'NO', please comment on action points needed and support required (internal or external).

14. The different risks and protective factors of boys and girls have been assessed and there is a plan for how to make the YRP gender sensitive.

YES

PARTLY

NO

If you have answered 'YES', please elaborate further on your answer here. If you have answered 'PARTLY' or 'NO', please comment on action points needed and support required (internal or external).

15. It is clear what existing resources are available in the community that the YRP should link up with, and a plan in place for how to do so.

YES

PARTLY

NO

If you have answered 'YES', please elaborate further on your answer here. If you have answered 'PARTLY' or 'NO', please comment on action points needed and support required (internal or external).

16. There is an interest and necessary commitment from relevant authorities, community members and groups, parents, caregivers and young people themselves to engage in the YRP.

YES

PARTLY

NO

If you have answered 'YES', please elaborate further on your answer here. If you have answered 'PARTLY' or 'NO', please comment on action points needed and support required (internal or external).

17. There is a plan for how to actively and meaningfully engage parents and caregivers (in collaboration across sectors, e.g. CP, Education and FSL).

YES

PARTLY

NO

If you have answered 'YES', please elaborate further on your answer here. If you have answered 'PARTLY' or 'NO', please comment on action points needed and support required (internal or external).

18. Based on reflection upon the objectives of the YRP (described on page 6 in the guidance note) an informed decision has been made that this programme will contribute to the desired changes for young people.

YES

PARTLY

NO

If you have answered 'YES', please elaborate further on your answer here. If you have answered 'PARTLY' or 'NO', please comment on action points needed and support required (internal or external).

19. The facilitators who will be implementing the YRP have previous experience in conducting psychosocial support activities in a fun, safe and inclusive way, and are able to pay as much attention to the method of facilitation as to the activity itself.

YES

PARTLY

NO

If you have answered 'YES', please elaborate further on your answer here. If you have answered 'PARTLY' or 'NO', please comment on action points needed and support required (internal or external).

20. There are staff meeting the criteria for participating in a training of facilitators / training of trainers [generic, may have to be further adapted to the context].

- Previous experience from facilitating the YRP workshops/meetings (ideally).
- Strong training/facilitation skills (requirement), and ideally from conducting training in the Children’s Resilience Programme.
- Previous experience in implementing the Children’s Resilience Programme workshops/meetings (requirement).
- Good understanding of PSS for children and youth (requirement).
- Dedication to become ‘YRP focal point’ and support the roll out of the programme in their country (requirement).
- Ability to understand training in English [please contextualize].
- Familiar with the context and key issues facing youth in the area (requirement).

YES

PARTLY

NO

If you have answered 'YES', please elaborate further on your answer here. If you have answered 'PARTLY' or 'NO', please comment on action points needed and support required (internal or external)

21. There is a plan for staff and volunteers that outlines capacity-building needs in e.g. facilitation techniques, communication and dealing with difficult emotions, gender equality and conflict sensitivity. The plan also outlines how to address those capacity-building needs.

YES

PARTLY

NO

If you have answered 'YES', please elaborate further on your answer here. If you have answered 'PARTLY' or 'NO', please comment on action points needed and support required (internal or external).

22. There is a plan for mentoring and coaching staff/volunteers who have completed any training / ToT in the YRP.

YES

PARTLY

NO

If you have answered 'YES', please elaborate further on your answer here. If you have answered 'PARTLY' or 'NO', please comment on action points needed and support required (internal or external).

23. There is a plan for monitoring the implementation of the YRP as well as the personal wellbeing of those facilitating it.

YES

PARTLY

NO

If you have answered 'YES', please elaborate further on your answer here. If you have answered 'PARTLY' or 'NO', please comment on action points needed and support required (internal or external).

24. The CO has financial means and resources to adopt at least the minimum steps for implementing the YRP [for more information, see the Theory and Programmatic Guide of the YRP].

- Training of facilitators (5 days)
- Reconvening after the introductory workshops (2-3 days) Ongoing practice of thematic workshops (days as needed)
- Mid-term and end of project evaluation workshops (1 day each)

YES

PARTLY

NO

If you have answered 'YES', please elaborate further on your answer here. If you have answered 'PARTLY' or 'NO', please comment on action points needed and support required (internal or external).

25. There is a plan for ensuring sustainability and exit, and it is clear to staff and volunteers what will happen after the YRP.

YES

PARTLY

NO

If you have answered 'YES', please elaborate further on your answer here. If you have answered 'PARTLY' or 'NO', please comment on action points needed and support required (internal or external).

26. A Child Safeguarding Policy and Code of Conduct is in place and known to all staff and volunteers who will be involved in the YRP.

YES

PARTLY

NO

If you have answered 'YES', please elaborate further on your answer here. If you have answered 'PARTLY' or 'NO', please comment on action points needed and support required (internal or external).

27. Anything else you would like to add? If you have any additions, please write them here: